Getting to PDP Year Long Program Sept 8-12 at Lifebridge Sanctuary 333 Mountain Rd, Rosendale, NY

Public Transportation From Newark to Lifebridge Foundation Inc, 333 Mountain Rd, Rosendale, NY 12472:

Note: Please refresh the [link](#) on your browser for best accuracy.

Take the Bus 37 Ivy Hill Exact Fare from Newark Liberty International Airport (Terminal C). This bus will take approximately 6 minutes with no stops.

Get off at the Frelinhuysen Ave At Victoria St bus stop and walk for about 1 minute.

Take the Bus 107 New York Exact Fare from the Frelinhuysen Ave At Victoria St bus stop. This bus will take approximately 32 minutes with 2 stops.

Arrive at the Port Authority Bus Terminal and walk for about 4 minutes. Take the ShortLine Hudson Newburgh bus from the Port Authority Bus Terminal. The bus will be located at Platform 406. This bus service is provided by ShortLine and will take approximately 1 hour and 40 minutes with 9 stops.

Arrive at the Newburgh ShortLine Transportation Center and walk for about 1 minute. Take the Bus X-NBX_2023 from the (101) 17K Bus Terminal. This bus service is provided by Trailways New Paltz and will take approximately 55 minutes with 6 stops.

Arrive at the Trailways New Paltz and walk for about 1 minute. Take the Bus CL-NBCL_2023 from the (152) New Paltz Trailways. This bus service is provided by Trailways New Paltz and will take approximately 20 minutes with 3 stops.

Arrive at the (139) High Falls-213 @ Mohonk bus stop and walk for about 36 minutes, covering a distance of 1.7 miles, to reach Lifebridge Foundation Inc, 333 Mountain Rd, Rosendale, NY 12472.

Please note that these directions are based on the provided information and may be subject to changes in schedules or routes. It is always advisable to check for the most up-to-date transportation information before your journey.
Public Transportation From JFK International Airport to Lifebridge Foundation Inc, 333 Mount Rd, Rosendale NY 12472: Via Port Authority Bus

Dear [Recipient],

I hope this letter finds you well. I wanted to provide you with the steps to get from New York John F. Kennedy International Airport to Lifebridge Foundation Inc, 333 Mount Rd, Rosendale NY 12472: Via Port Authority Bus Station. Here is the breakdown:

Upon arriving at JFK Terminal 7, walk for approximately 1 minute covering a distance of 0.4 miles to reach the AirTrain JFK station.

Board the Light rail AirTrain JFK Red towards Jamaica Station. The journey will take about 10 minutes with 3 stops. Disembark at Jamaica Station (AirTrain). This ride has a cost of approximately $14 U.S.

At Jamaica Station (AirTrain), walk for approximately 4 minutes to reach the Sutphin Blvd - Archer Av - JFK Airport subway station.

Take the E subway train towards the World Trade Center. The subway ride will last approximately 36 minutes with 13 stops. Note: If you have apple pay you wont need to purchase a subway card.

Arrive at 42 St - Port Authority Bus Terminal. Walk for about 1 minute, covering a distance of 299 feet, to reach Port Authority Bus Terminal located at 625 8th Ave, New York, NY 10018.

Take the Bus X-NBX_2023 from the (101) 17K Bus Terminal. This bus service is provided by Trailways New Paltz and will take approximately 55 minutes with 6 stops.

Arrive at the Trailways New Paltz and walk for about 1 minute.

Take the Bus CL-NBCL_2023 from the (152) New Paltz Trailways. This bus service is provided by Trailways New Paltz and will take approximately 20 minutes with 3 stops.

Arrive at the (139) High Falls- 213 @ Mohonk bus stop and walk for about 36 minutes, covering a distance of 1.7 miles, to reach Lifebridge Foundation Inc, 333 Mountain Rd, Rosendale, NY 12472.

Please note that these instructions are based on the provided information and may be subject to changes in schedules or routes. It is always advisable to check for the most up-to-date transportation information before your journey.


From JFK to Lifebridge Foundation Inc, 333 Mountrode Rosedale: Via Penn Railroad Station

Upon Arriving to JFK, please direct yourself to Terminal 7
At Terminal 7, walk for approximately 1 minute covering a distance of 0.4 miles to reach the AirTrain JFK station.

Board the Light railAirTrain JFK Red towards Jamaica Station. The journey will take about 10 minutes with 3 stops. Disembark at Jamaica Station (AirTrain). This ride has a cost of approximately $14 U.S.

Upon arrival at Jamaica Station (AirTrain), walk for approximately 4 minutes to reach the Jamaica train station. This ride will have a cost of $2.75 U.S.

Take the Ronkonkoma Branch train towards Penn Station. The train ride will last approximately 19 minutes with 2 stops.

Arrive at Pennsylvania Station. Walk for about 5 minutes to reach Moynihan Train Hall.

Board the TrainNone281NFL towards Poughkeepsie. The train ride will last approximately 1 hour and 23 minutes with 2 stops.

Arrive at Poughkeepsie Train Station. Walk for about 1 minute.

Take the BusUPL-EBUPL_2023 for a 45-minute ride with 6 stops. Disembark at Rosendale Park & Ride.

From Rosendale Park & Ride, take the BusCL-NBCL_2023, which is a 5-minute non-stop ride. Disembark at the High Falls- 213 @ Mohonk stop.

Walk for approximately 36 minutes, covering a distance of 1.7 miles, to reach Lifebridge Foundation Inc located at 333 Mountain Rd, Rosendale, NY 12472.

Please note that these instructions are based on the provided information and may be subject to changes in schedules or routes. It is always advisable to check for the most up-to-date transportation information before your journey.
From LaGuardia Airport to Lifebridge Foundation Inc in Rosendale, NY.

Begin your journey at LaGuardia/Terminal A - Marine Air Terminal. Board the BusQ47Glendale Atlas Park Mall. The bus ride will take approximately 25 minutes with 16 stops.

Disembark at Broadway/Roosevelt Av and walk for about 1 minute.

Arrive at Jackson Hts - Roosevelt Av station. Board the E train towards The World Trade Center. The train ride will take approximately 22 minutes with 8 stops.

Disembark at 34 St - Penn Station and walk for about 7 minutes.

Reach Moynihan Train Hall and board the TrainNone281NFL towards Poughkeepsie. The train ride will last approximately 1 hour and 23 minutes with 2 stops.

Arrive at Poughkeepsie Train Station. Walk for about 1 minute.

At 12:00 PM, take the BusUPL-EBUPL_2023 for a 45-minute ride with 6 stops. Disembark at Rosendale Park & Ride.

From Rosendale Park & Ride, take the BusCL-NBCL_2023, which is a 5-minute non-stop ride. Disembark at the High Falls- 213 @ Mohonk stop.

Walk for approximately 36 minutes, covering a distance of 1.7 miles, to reach Lifebridge Foundation Inc located at 333 Mountain Rd, Rosendale, NY 12472.

Please note that these instructions are based on the provided information and may be subject to changes in schedules or routes. It is always advisable to check for the most up-to-date transportation information before your journey.

If you have any further questions or need assistance, please feel free to reach out. Have a safe and pleasant trip!

Best regards,